

Google Groups

Cool Updates from the Town of Ulysses

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Posted in group: **town-of-Ulysses**

Happy Friday, Ulysses!

Read on for information compiled for you from Town of Ulysses staff.

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TOWN OF ULYSSES NEWS:

HOLIDAY WEEK HOURS

Please take note of the following changes for town offices for the week of July 2-6. All town offices will be closed on Wed., July 4.

Offices will be OPEN on the following days/times:

Building/Code: Fri., 7/6: 12-5pm

Court Office: Tues. 7/3, Thurs. 7/5, Fri. 7/6: 8-4pm

Town Clerk: Mon. 7/2, Tues. 7/3, Fri. 7/6: 8-4pm

Planning/Zoning: Thurs. 7/5: 1-5pm; Fri. 7/6: 10-1pm

TOMPKINS COUNTY HEALTH DEPARTMENT WARNS OF EXTREME HEAT, OFFERS SAFETY TIPS

(ITHACA, NY – June 29, 2018) – Our area is expecting excessive heat and humidity Saturday, June 30-Monday July 1 with temperatures above 90 degrees.

These extreme temperatures can be dangerous to health. Take the following precautions:

- Drink plenty of water – 2 to 4 glasses per hour
- Limit strenuous outdoor activities during the hottest part of the day (between 11 a.m. and 4 p.m.)
- Prevent sunburn by applying sunscreen if you must be outside (SPF 15 or higher)
- Wear loose, lightweight and light colored clothing
- Avoid alcohol, caffeine and sugary drinks that cause dehydration
- Take a cool shower or go swimming
- Wear a ventilated hat, such as straw or mesh
- Never leave children or pets alone in vehicles
- Go to air-conditioned spaces such as a mall, library, or community center
- Use caution with electric fans; they create air flow and a sense of comfort, but do not lower body temperature.

Know the warning signs of heat-related illness. Check out our Preparedness Page.

Heat stroke is most serious. Signs and symptoms include an extremely high body temperature above 103 degrees; hot, dry, red skin; rapid pulse; loss of alertness; confusion; rapid and shallow breathing and unconsciousness. Call 911 immediately and cool the person quickly.

Heat exhaustion is a milder form of heat related illness and is characterized by heavy sweating, paleness, muscle cramps, tiredness, weakness, dizziness, headache, nausea and vomiting, cool clammy skin, fainting. Move the person to a cool place, loosen clothes and apply cool, wet cloths.

If you see someone showing these symptoms, move the person to a cool place, loosen their clothes and apply cool, wet cloths.

Additional links:

- For general information: TompkinsCountyNY.gov/health/summer/heat.
- National Weather Service heat safety tips: weather.gov/safety
- Red Cross heat safety tips: RedCross.org: How to prepare for emergencies.
- National Weather Service Ithaca forecast page: weather.gov/bgm

Visit the Health Department online, TompkinsCountyNY.gov/health. Follow us on Facebook at Facebook.com/TompkinsPublicHealth and Twitter at [@TompkinsHealth](https://Twitter.com/@TompkinsHealth).

Additionally, the Tompkins County Public Library is a cool space where you can get some respite from the heat. TCPL is open till 6:00pm Friday, 9:30am to 5:00pm Saturday, and opens again on Monday from 9:30am to 8:30pm.

NATURAL RESOURCES INVENTORY

Cornell Cooperative Extension of Tompkins County compiled this Natural Resources Inventory for the town. It will help Ulysses reach its goal of being a NYS Certified Climate Smart Community in order to help adapt to a changing climate and enable access to grant funding.

ZONING UPDATE

The town has been working on updating its zoning law to bring it into compliance with the comprehensive plan. The town board has begun looking at the drafts prepared with various committee inputs. Before the town board can vote the zoning into law, a public hearing will be held. View current draft zoning documents here: <http://www.ulysses.ny.us/boards/zoning-update/currentdraft/>

TOWN AFFILIATES:

LEARN about HABs

Join the Community Science Institute Saturday, June 30th from 1:00 - 2:30 PM at the Ithaca Youth Bureau to learn more about cyanobacteria, the source of Harmful Algal Blooms (HABs) in our lakes.

Did you know that they've been around much longer than our lake itself and almost since the early days of life on Earth? Who are these curious creatures and why are we concerned about the recent massive blooms of them in Cayuga Lake?

We'll take you through the basics with a couple of interactive activities including collecting a sample from the lake and looking at it under the microscope. We'll also try our hand at drawing and illustrating what we find!

Offered in collaboration with Ithaca Youth Bureau.

RSVPs are recommended but not required.

Contact Claire Weston at claire.weston@communityscience.org or 607-257-6606 with questions and to RSVP. This program can be suitable for all ages! In your RSVP please provide children's ages so that we can better design our curriculum.

Friend on Facebook (<https://www.facebook.com/CommunityScience/?ref=bookmarks>)

Follow on Twitter (<https://twitter.com/?lang=en>)

Follow on Instagram (<https://www.instagram.com/communityscienceinstitute/>)

View our Database (<http://database.communityscience.org/>)

TOMPKINS COUNTY:

LIMEBIKE ACCESS

LimeBike is a new bike sharing transportation system, one that is low-cost, emission-free and uses public space more equitably and efficiently than a transportation system that relies heavily on privately owned cars. The ITCTC is cooperating with LimeBike and other community transportation partners (BikeWalkTompkins, Way2Go, City of Ithaca, etc.) during the adjustment period to make LimeBike work effectively.

Lime Access is a program that increases access to Ithaca's newest transportation system for people without smartphones, bank cards, or people who live in a low income household. Lime Access users can text-to-unlock bikes, pay in cash, and receive 100 rides of up to 30 mins for \$5. Regardless of the method chosen, activation of Lime Access may take up to 2 business days.

More details can be found at: <https://www.bikewalktompkins.org/lime-access/>

EV (Electric Vehicle) TOMPKINS

The program, supported by the New York State Energy Research and Development Authority (NYSERDA) as part of the Charge NY initiative, aims to advance the market penetration of EVs in Tompkins County while also providing valuable lessons learned that are scalable and replicable to other communities.

The goal is to double the number of EVs registered in Tompkins County from 310 at the beginning of 2018 to 620 before the end of 2019 by helping to:

- * Facilitate more EV charging installations
- * Collaborate with industry partners and increase EV inventory at local dealerships
- * Support and implement EV-ready community strategies
- * Increase public awareness and EV knowledge by sharing EV information and showcasing the technology

To learn more, visit <http://www.getyourgreenbacktompkins.org/ev-tompkins/>.

Visit the Town Hall's EV charging station in the back of the building.

NEW YORK STATE:

FROM THE NYS DEC

Angling Tips to Help Trout and Salmon Beat the Heat

This spring, trout and trout anglers have benefited from abundant rainfall and cool weather conditions that promote the growth and survival of trout and salmon. However, with the forecast for high temperatures this weekend through next week, it is important to remember that trout and salmon are coldwater sportfish that can experience serious physical stress whenever water temperatures climb above 70° Fahrenheit. Heat stressed fish often seek pockets of cold water created by upwelling groundwater, small feeder streams, or water released from deep reservoirs. These refuges allow trout to avoid or recover from potentially fatal levels of heat stress. You can help by taking the following precautions during your warm weather fishing trips.

- Avoid catch and release fishing for heat stressed trout. Trout already weakened by heat stress are at risk of death no matter how carefully they are handled.
- Don't disturb trout where they have gathered in unusually high numbers. Because these fish are likely to be suffering from heat stress and seeking relief, responsible anglers will not take unfair advantage of their distress.
- Fish Early. Stream temperatures are at their coolest in the early morning.
- Go to Plan B! Have an alternate fishing plan ready in case water temperatures are too high at your intended destination. Consider fishing a waterbody that is less prone to heat stress or fishing for a more heat tolerant species like smallmouth bass.

When fishing tailwaters, such as those below New York City water supply reservoirs, remember that the cooling influence of reservoir releases will not extend as far downstream during periods of intense heat. By paying attention to water temperatures and adapting fishing strategies to changing conditions, anglers can

help New York State's trout and salmon beat the heat.

Green Cleaning at Home

State agencies are making the switch to green cleaning products, so why don't you! The chemicals in traditional cleaning products and disinfectants may cause health problems, including coughing, wheezing and asthma, as well as eye, nose, throat and skin irritation. In addition, they may adversely affect the environment. Selecting safer cleaning products and limiting the use of disinfectants protects you, your family and the environment.

How do I know if my cleaning product is really green? Check the label for a multi-attribute third-party certification. Most these certifications require products to meet a variety of qualifications such as performance standards, environmental standards, and limitations on certain chemicals known to have adverse health effects. You can also look up the cleaning products you use on the Environmental Work Group's Guide to Healthy Cleaning. This resource ranks cleaning products and provides additional information on product ingredients, so you can easily see greener alternatives to the products you currently use.

Another important aspect of green cleaning is knowing the difference between cleaning and disinfecting. Cleaning removes dirt and grime from surfaces, while disinfecting kills bacteria and other microbes that may be living on surfaces. Disinfecting should be done less frequently than cleaning, so it is important to have cleaners that do not include disinfectants. However, when disinfecting surfaces, be sure to clean the surface beforehand and always follow the instructions on the product label.

Check product labels to find out more about its ingredients. If the label does not list the product's ingredients, check the manufacturer's website. A growing number of cleaning product manufacturers are disclosing their ingredients due to demand from consumers. Pay attention to any warnings on product labels and follow the instructions to minimize the risks associated with the product.

DEC recently released the final policy on Household Cleansing Product Information Disclosure, which requires manufacturers of household cleaning products sold in New York State to disclose the ingredients in their products, as well as other information on their websites beginning in July 2019. More information on the policy can be found on DEC's website.

If you would like to learn more about green cleaning products, check out the NYS Pollution Prevention Institute's presentation on "Clean, Green, and Healthy Cleaners." (PDF)

UPCOMING TOWN MEETINGS: (All are open to the public and meet at the Town Hall)

All town meetings are held at the town hall at 10 Elm St., Trumansburg, unless noted otherwise.

For agendas and other meeting information, click on the event on the calendar here: <http://ulysses.ny.us/calendar/?category=Government>

COMMUNITY CALENDAR:

Check the community calendar at <http://www.ulysses.ny.us/calendar/>. You can also submit your own events.

Forward this message to anyone else that you think would be interested. We'd love to connect with more residents. To send questions or comments, or be removed from this list, please e-mail clerk@ulysses.ny.us

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Best,

[Carissa Parlato, CMC \(Certified Municipal Clerk\)](#)

Ulysses Town Clerk, Tax Collector, Records Manager, Notary Public

Office hours: 8am-4pm, M-F

(After hours by appt.)

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